Philippians
LESSONS

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EPILOGUE

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HELPFUL STUDY TOOLS

ARTHUR, KAY
How to Study Your Bible Precept Upon Precept

Greek Word Study Tools

Commentaries on Philippians
(See commentary list below.)

RECOMMENDED COMMENTARIES

BAXTER, J. SIDLOW
Explore the Book

KENT, JR., HOMER A.; VAUGHN, CURTIS; AND RUPPRECHT, ARTHUR A.
The Expositor’s Bible Commentary: Philippians, Colossians, Philemon

MARTIN, RALPH P.
Tyndale New Testament Commentaries: Philippians

WALVOORD, JOHN R.
Everyman's Bible Commentary: Philippians: Triumph in Christ
Lesson One
Overview

Philippians — a wellspring of spiritual truths that has brought countless believers new joy and peace in their daily walk. You will find Philippians a beautiful and a profitable book. It contains many principles of life that will literally transform your attitude toward people and circumstances as you become a doer of those things which you are about to learn in the next sixteen weeks.

You need to discipline yourself to study daily rather than cramming all your study into one sitting. Any good student of the Word of God knows that to understand God’s truth there must be much meditation and prayer. Joshua 1:8 says that we should meditate on God’s Word night and day so that we may be careful to do according to all that is written in it; for then we will make our way prosperous, and then we will have success. You may get right answers in one “cramming” session, but in all probability, you will miss many precious jewels of insight that come only through prayerful meditation.

Inductive Bible study begins with the Bible itself. It is finding out what the Bible itself says. However, all the good study habits and methods in the world will mean very little to the student of God’s Word apart from the revelation of the Holy Spirit. John 14:26; John 16:13; and 1 Corinthians 2:6-16 teach us that it is the work of the indwelling Spirit to reveal and to guide us into all truth. So always begin with prayer, Beloved, asking God to guide you into His truth (John 16:13).

1. If you have never done a Precept course before, read the chapters entitled “The Rule of Context — Context Rules!” and “Getting the Big Picture” in How to Study Your Bible Precept Upon Precept.
The purpose of this first lesson is to discover the context of the book of Philippians. This is the most important lesson you will do because it lays the foundation for all the other lessons. Since context always rules in interpretation and Scripture must always be interpreted in the light of its context, the first step in your study of any book of the Bible is to begin with the Overview (the view of the entire book) to discover the context.

The first step in the process of discovering the context is to look for the obvious things that are mentioned in a particular book of the Bible. As we teach in our nationwide Institute of Training, there are three things that are always obvious, easy to see: people, places, and events.

If you will begin by observing the obvious, then the things within a book that are not easy to see or understand will become clearer as your study stays focused on the obvious. Understanding the context will help you in your interpretation of the unclear, obscure, difficult to understand parts of any book.

Since Philippians is a letter, the place to begin your study is with the author because he is the first person mentioned in this book. Therefore, the first step in our study will be to identify what the book tells you about the author. Then as you evaluate these facts, you will see the context of Philippians unfold right before your eyes. It’s exciting and you are going to be awed by what you see.

2. Now then, let’s begin. Read all of Philippians and mark with a specific color or colored symbol each mention of the author’s name and the pronouns that refer specifically to him, such as “I,” “me,” “my.” Mark each mention of the author in the same color or colored symbol throughout Philippians.

Use the Observation Worksheets, located in the Appendix, for every assignment. These Observation Worksheets are just what they say — work-sheets. They contain the text of Philippians from the New American Standard Bible printed double-spaced. We encourage you to use these and then transfer the most important things to your Bible.

3. Before you begin this assignment, read all of the directions in this step.

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1 Every child of God should attend these institutes. They will revolutionize your relationship to the Word of God and also serve as an equipping school for the work of ministry God has for you. For more information, contact Precept Ministries, P.O. Box 182218, Chattanooga, TN 37422, 800-763-8280, www.precept.org.

2 The International Inductive Study Bible is ideal for this. It is the best study Bible on the market because it doesn’t tell you what the text means. Rather, it gives you instructions for studying each book of the Bible.
a. Read all four chapters of Philippians again using your marked Observation Worksheets. As you read, look carefully at each mention of the author to see if it answers one of the following 5 Ws and an H (who, what, when, where, why, how) kinds of questions that uniquely describe the author.

b. If one of the questions is answered, write the answer in the appropriate chapter column on the “People in Philippians” chart, located on page 13. Write the answers using the same color you used to mark the references to the author. Or once you write the answer on the chart, then color it with the same color you used on your Observation Worksheets.

Who is the author?

Where is he?

What are his circumstances?

What is his attitude toward his circumstances?

What does he say that he does, specifically in relation to Christ?

The following is an example of how to list the answers on the chart:

**PEOPLE IN PHILIPPIANS**

<table>
<thead>
<tr>
<th>Chapter 1</th>
<th>Chapter 2</th>
<th>Chapter 3</th>
<th>Chapter 4</th>
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<tbody>
<tr>
<td>1:1 Paul</td>
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<tr>
<td>1:7 in prison</td>
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<tr>
<td>1:12 circumstances, greater progress of gospel</td>
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</tbody>
</table>

As illustrated above, record the verse location and be brief in your answers. If you will train yourself to use words right out of the Bible, you will be putting into your mind and heart the very Word(s) of God. It is best to use His words and not paraphrase or put it into your own words because His words are spirit and life and these are what you want to remember.
As you go through Philippians, you will notice that some of the 5Ws and an H questions will be answered in more than one place in the text; also some verses may answer more than one of the questions. On the other hand, some of the references you marked in the first assignment may not answer any of the questions.

4. On the chart entitled “Philippians at a Glance,” located on page 15, note what these facts (answers that you listed on your “People in Philippians” chart) tell you about the times in which this book is written. This helps you see the **historical setting** of the book of Philippians.

As you continue to observe Philippians, you will glean more information that will help you complete this At a Glance chart.

5. Now, review what you listed about the author on your “People in Philippians” chart and answer the following questions:

   a. Although Philippians 1:1 opens with “Paul and Timothy, bond-servants of Christ Jesus, to all the saints . . . ,” did you observe from the rest of the letter that the author was only one of them: Paul? If this is not clear, read Philippians 2:19 and remember that singular pronouns are used throughout the book.

   b. Did you notice any words (with their synonyms) repeated in all four chapters? (A synonym is a word that has the same meaning as another word within a particular context.) If you noticed any repeated words and their synonyms, record these below.

   c. As you read through Philippians, did you notice what the author talks about the most? (If nothing has come to the surface yet, keep this question before you, and when you see it, record your insight below.)
6. Have you ever felt like you were in a prison of sorts, dear friend? Remember, all prisons don’t have bars and locked doors. Or maybe you have actually been in prison. When you look at Paul, who was in a very real prison, what is the attitude he exemplifies? Do you think Paul’s attitude was unique for him, or do you think it’s possible for any believer to have this attitude no matter what his or her prison? Can God work it in all of us? Do you think Philippians tells us how? Think about it as you study this “freeing” letter.

DAY TWO Today we will continue to look at Philippians as a whole. Our study will still be focused on the people mentioned in the book because the people are easy to see (obvious).

1. Read all of Philippians and mark on your Observation Worksheets every mention of the recipients using a color different from the author. The recipients are the people who received this letter. Be sure to mark all of the pronouns for the recipients, such as “you,” “your,” “yourselves,” “who,” “whom,” and any synonyms, like “brethren” and “beloved.”

2. Now go through Philippians noting every place where you marked the recipients.

In the appropriate column of your “People in Philippians” chart write the answers to the following 5 Ws and an H (who, what, when, where, why, how) kinds of questions that uniquely describe the recipients. Color or write those with the same color you used to mark the recipients on your Observation Worksheets. Use words directly from the text.

Who are they and where are they?

How are they described or what did they do?

What are their circumstances?

Look for just the obvious answers that uniquely describe the recipients.
The following is an example of how to list the answers on your chart:

**PEOPLE IN PHILIPPIANS**

<table>
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<td>1:12 circumstances, greater progress of gospel</td>
<td>1:1 Saints in Christ in Philippi/overseers &amp; deacons</td>
</tr>
<tr>
<td>1:5 participated in gospel from first until now</td>
<td>1:7 partakers of grace</td>
<td></td>
<td></td>
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</tbody>
</table>

3. Evaluate your chart and answer the following questions:

   a. Did you see anything about the Philippians relating to the historical setting (the times in which this letter was written) that needs to be added to that section of your “Philippians at a Glance” chart? If so, add it.

By marking the text and listing the answers to the 5 Ws and an H kinds of questions about the author and the recipients, you have been able to discover certain facts about the historical setting of this book. Do you realize what has just happened? So many times people think that the **only** way to understand the historical setting of a book is to read commentaries about the Bible, but they aren’t aware that careful observation of the text can reveal this to you. What a blessing this is for people in other countries and language groups who do not have commentaries in their language or easy access to them if they do exist.
b. What did the recipients do that might have prompted Paul to write this letter to them? Write your answer below.

How are you doing, dear friend? If this is your first Precept course, you may be panting at the pace and the work, but don’t be discouraged. You are laying such a critical foundation, one that you’ll be proud of in the right sense of the word. If you persevere, you’ll find yourself building a mansion of joy that you can dwell in no matter what your circumstances, and it will be more than worth the discipline you have exercised. So press on, valiant one.

1. On your “People in Philippians” chart mark in a distinctive way, using two different colors or colored symbols, every mention of the words “rejoice/rejoices/rejoiced/joy” and “Christ,” including the synonyms and pronouns for Him. Remember, a synonym is another word that means the same thing in a particular context. For example, in the context of Philippians “Lord” would be a synonym for “Christ.”

As you have probably noticed, “Christ” and “rejoice/joy” and their synonyms are used throughout Philippians. Therefore, these are key words for this book.

Discovering key words is vital to your understanding of the meaning of a text. Like keys, key words “unlock” what a passage of Scripture is about. A key word might be a noun (which includes a person), a descriptive word, or an action word. Observing key words and phrases is important because they help identify the author’s repeated emphasis and how he accomplishes his purpose for writing.
2. Read through all four chapters of Philippians and do the following:

   a. On your Observation Worksheets mark (in the same colors you used on the “People in Philippians” chart) the key words “Christ” and “rejoice/joy,” along with their synonyms and pronouns.

   b. As you mark these words, list the answers to the following questions in the appropriate chapter column on your “Key Words” chart, located on page 14. Write or color the answers on your chart in the same two colors you used to mark the words in the text. List the answers in the order they appear in each chapter.

   **What** is Paul’s relationship to Christ?

   **How** does Paul describe his attitude in respect to his relationship to Christ?

   **How** does Paul describe his responsibility to Christ?

   **What** are his instructions to the Philippians concerning their relationship to and attitude toward Christ?

   **What** does Paul say concerning joy and rejoicing?

   **What** instructions does he give about joy and rejoicing?

   As you look for the answers to these questions, be sure to observe the text carefully, and remember, there will be many references to Christ that will not answer any of these questions. If they do not answer a question, do not record them on the chart.

   The following is an example of how to list the answers on the chart:

   ![KEY WORDS Table](image-url)
3. Record these two key words on the “Philippians at a Glance” chart. (There are other words that are also key and repeated in the book of Philippians that we will deal with later. However, since “Christ” and “rejoice” are the most obvious and the most often repeated throughout all four chapters, these are the ones we will evaluate first.)

By the way, have you ever heard someone say, “The joy of the Lord is my strength”? Did you wonder what he or she was talking about? By the end of this sixteen-week study of Philippians you will not only know the answer but, we pray, you’ll be saying it yourself.

DAY FOUR

As you did your homework these past three days, looking only at the things that were obvious, you probably noticed some new things, things that were not obvious at first but which surfaced as you marked and evaluated the text. Therefore, you will want to continue this same process during these final two days.

1. Review the “Key Words” chart you completed yesterday. In Philippians the key words “Christ” and “rejoice,” which are repeated, are the main subjects or themes of the book. The theme of a book is the main topic(s) or subject(s) covered in the book. Record these main subjects or themes on your “Philippians at a Glance” chart.

2. Now go to your “Key Words” chart and, using a different color, draw a box around every instruction, command, that is listed on this chart. An instruction, command, will be seen when Paul tells the Philippians, Do this or Don’t do that.

3. From this list of instructions, identify the one that best summarizes the main themes of “Christ” and “rejoice/joy.” As you do, consider the following:

   a. The theme should be based on an objective evaluation of what the author emphasizes through repetition, not just a subjective leaning toward what ministered the most to you.

   b. You do not have to “come up” with the theme. It should always be based on what has been seen through repetition and in the light of the context which was established through your observations of the text.

   c. Remember to use words from the text.
4. Record the theme of Philippians in the appropriate location at the top of your “Philippians at a Glance” chart. When you have completed your “Philippians at a Glance” chart, you will have a wonderful visual tool that will give you the main content of Philippians on one concise chart.

DAY FIVE

Part of the beauty of inductive Bible study is to look at what you have discovered out of only one source: God’s Word. Later in this study you will read some commentaries to check your work and to see what other people say about the book of Philippians. It will be exciting to see what you discovered all by yourself with just the Word, the Holy Spirit, and you. It will also enable you to more accurately evaluate what others say about Philippians. As you know, just because it is printed and published doesn’t always make it correct.

1. For the last four days you have evaluated the book of Philippians as a whole, and we rejoice over you. Our task today will be to look at the four chapters, one at a time, to see how each chapter relates to the whole book. So, the next step is to identify the chapter theme for each chapter.

a. Read only chapter 1, looking for the theme of that chapter.

   As you consider the theme, refer back to your “Key Words” chart. Evaluate those facts listed in the column for chapter 1.

   When you have determined the chapter theme, write it in the column for chapter 1 on your “Philippians at a Glance” chart.

b. Following the same process, read through chapters 2-4 and identify the theme of each chapter. Then write each in the appropriate column on the “Philippians at a Glance” chart.

c. Fill in any other information necessary to complete the “Philippians at a Glance” chart.
2. Philippians has much to teach us about the relationship that believers have with the Lord Jesus Christ. As you study it, Beloved, you want to make sure that you have this relationship.

As you did your study this week, did you find your heart touched with a longing for a deeper intimacy that provokes the same words as Paul’s when he said, “For to me, to live is Christ”? Think about what God has taught you this week from your study of His Word. Ponder these things in your heart as you go about your day and turn it into an occasion for prayer.

Thank you, dear one, for your diligence in study this week. May our Lord reward you greatly by giving you great wisdom and understanding.
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<th>Chapter 1</th>
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<td>Chapter 2</td>
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<td>Chapter 1</td>
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PHILIPPIANS AT A GLANCE

<table>
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<tr>
<th>Book Theme:</th>
<th>Chapter Theme:</th>
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<tr>
<td>Author:</td>
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<td>1</td>
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<td>Key Words:</td>
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Historical Setting:
PAUL and Timothy, bond-servants of Christ Jesus, to all the saints in
Christ Jesus who are in Philippi, including the overseers and deacons:
2 Grace to you and peace from God our Father and the Lord Jesus Christ.
¶ 3 I thank my God in all my remembrance of you,
4 always offering prayer with joy in my every prayer for you all,
5 in view of your participation in the gospel from the first day until now.
6 For I am confident of this very thing, that He who began a good work in
you will perfect it until the day of Christ Jesus.
7 For it is only right for me to feel this way about you all, because I have you
in my heart, since both in my imprisonment and in the defense and
confirmation of the gospel, you all are partakers of grace with me.
8 For God is my witness, how I long for you all with the affection of Christ
Jesus.
9 And this I pray, that your love may abound still more and more in real
knowledge and all discernment,
10 so that you may approve the things that are excellent, in order to be sincere
and blameless until the day of Christ;
11 having been filled with the fruit of righteousness which comes through
Jesus Christ, to the glory and praise of God.
¶ 12 Now I want you to know, brethren, that my circumstances have turned
out for the greater progress of the gospel,
13 so that my imprisonment in the cause of Christ has become well known
throughout the whole praetorian guard and to everyone else,
14 and that most of the brethren, trusting in the Lord because of my imprisonment, have far more courage to speak the word of God without fear.
15 Some, to be sure, are preaching Christ even from envy and strife, but some also from good will;
16 the latter do it out of love, knowing that I am appointed for the defense of the gospel;
17 the former proclaim Christ out of selfish ambition, rather than from pure motives, thinking to cause me distress in my imprisonment.
18 What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed; and in this I rejoice, yes, and I will rejoice.
19 For I know that this shall turn out for my deliverance through your prayers and the provision of the Spirit of Jesus Christ,
20 according to my earnest expectation and hope, that I shall not be put to shame in anything, but that with all boldness, Christ shall even now, as always, be exalted in my body, whether by life or by death.
21 For to me, to live is Christ, and to die is gain.
22 But if I am to live on in the flesh, this will mean fruitful labor for me; and I do not know which to choose.
23 But I am hard-pressed from both directions, having the desire to depart and be with Christ, for that is very much better;
24 yet to remain on in the flesh is more necessary for your sake.
25 And convinced of this, I know that I shall remain and continue with you all for your progress and joy in the faith,
26 so that your proud confidence in me may abound in Christ Jesus through my coming to you again.
27 Only conduct yourselves in a manner worthy of the gospel of Christ; so that whether I come and see you or remain absent, I may hear of you that you are standing firm in one spirit, with one mind striving together for the faith of the gospel;

28 in no way alarmed by your opponents — which is a sign of destruction for them, but of salvation for you, and that too, from God.

29 For to you it has been granted for Christ’s sake, not only to believe in Him, but also to suffer for His sake,

30 experiencing the same conflict which you saw in me, and now hear to be in me.
Chapter Theme

If therefore there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship of the Spirit, if any affection and compassion,

2 make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose.

3 Do nothing from selfishness or empty conceit, but with humility of mind let each of you regard one another as more important than himself;

4 do not merely look out for your own personal interests, but also for the interests of others.

5 Have this attitude in yourselves which was also in Christ Jesus,

6 who, although He existed in the form of God, did not regard equality with God a thing to be grasped,

7 but emptied Himself, taking the form of a bond-servant, and being made in the likeness of men.

8 And being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross.

9 Therefore also God highly exalted Him, and bestowed on Him the name which is above every name,

10 that at the name of Jesus EVERY KNEE SHOULD BOW, of those who are in heaven, and on earth, and under the earth,

11 and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.
12 So then, my beloved, just as you have always obeyed, not as in my presence only, but now much more in my absence, work out your salvation with fear and trembling;

13 for it is God who is at work in you, both to will and to work for His good pleasure.

14 Do all things without grumbling or disputing;

15 that you may prove yourselves to be blameless and innocent, children of God above reproach in the midst of a crooked and perverse generation, among whom you appear as lights in the world,

16 holding fast the word of life, so that in the day of Christ I may have cause to glory because I did not run in vain nor toil in vain.

17 But even if I am being poured out as a drink offering upon the sacrifice and service of your faith, I rejoice and share my joy with you all.

18 And you too, I urge you, rejoice in the same way and share your joy with me.

19 But I hope in the Lord Jesus to send Timothy to you shortly, so that I also may be encouraged when I learn of your condition.

20 For I have no one else of kindred spirit who will genuinely be concerned for your welfare.

21 For they all seek after their own interests, not those of Christ Jesus.

22 But you know of his proven worth that he served with me in the furtherance of the gospel like a child serving his father.

23 Therefore I hope to send him immediately, as soon as I see how things go with me;

24 and I trust in the Lord that I myself also shall be coming shortly.

25 But I thought it necessary to send to you Epaphroditus, my brother and fellow worker and fellow soldier, who is also your messenger and minister to my need;
26 because he was longing for you all and was distressed because you had heard that he was sick.

27 For indeed he was sick to the point of death, but God had mercy on him, and not on him only but also on me, lest I should have sorrow upon sorrow.

28 Therefore I have sent him all the more eagerly in order that when you see him again you may rejoice and I may be less concerned about you.

29 Therefore receive him in the Lord with all joy, and hold men like him in high regard;

30 because he came close to death for the work of Christ, risking his life to complete what was deficient in your service to me.
Finally, my brethren, rejoice in the Lord. To write the same things again is no trouble to me, and it is a safeguard for you.

2 Beware of the dogs, beware of the evil workers, beware of the false circumcision;

3 for we are the true circumcision, who worship in the Spirit of God and glory in Christ Jesus and put no confidence in the flesh,

4 although I myself might have confidence even in the flesh. If anyone else has a mind to put confidence in the flesh, I far more:

5 circumcised the eighth day, of the nation of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the Law, a Pharisee;

6 as to zeal, a persecutor of the church; as to the righteousness which is in the Law, found blameless.

7 But whatever things were gain to me, those things I have counted as loss for the sake of Christ.

8 More than that, I count all things to be loss in view of the surpassing value of knowing Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them but rubbish in order that I may gain Christ,

9 and may be found in Him, not having a righteousness of my own derived from the Law, but that which is through faith in Christ, the righteousness which comes from God on the basis of faith,

10 that I may know Him, and the power of His resurrection and the fellowship of His sufferings, being conformed to His death;

11 in order that I may attain to the resurrection from the dead.
12 Not that I have already obtained it, or have already become perfect, but I press on in order that I may lay hold of that for which also I was laid hold of by Christ Jesus.

13 Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead,

14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.

15 Let us therefore, as many as are perfect, have this attitude; and if in anything you have a different attitude, God will reveal that also to you;

16 however, let us keep living by that same standard to which we have attained.

¶ 17 Brethren, join in following my example, and observe those who walk according to the pattern you have in us.

18 For many walk, of whom I often told you, and now tell you even weeping, that they are enemies of the cross of Christ,

19 whose end is destruction, whose god is their appetite, and whose glory is in their shame, who set their minds on earthly things.

20 For our citizenship is in heaven, from which also we eagerly wait for a Savior, the Lord Jesus Christ;

21 who will transform the body of our humble state into conformity with the body of His glory, by the exertion of the power that He has even to subject all things to Himself.
Chapter Theme

**THEREFORE**, my beloved brethren whom I long to see, my joy and crown, so stand firm in the Lord, my beloved.

¶ 2 I urge Euodia and I urge Syntyche to live in harmony in the Lord.

3 Indeed, true comrade, I ask you also to help these women who have shared my struggle in the cause of the gospel, together with Clement also, and the rest of my fellow workers, whose names are in the book of life.

¶ 4 Rejoice in the Lord always; again I will say, rejoice!

5 Let your forbearing spirit be known to all men. The Lord is near.

6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

7 And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus.

¶ 8 Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, let your mind dwell on these things.

9 The things you have learned and received and heard and seen in me, practice these things; and the God of peace shall be with you.

¶ 10 But I rejoiced in the Lord greatly, that now at last you have revived your concern for me; indeed, you were concerned before, but you lacked opportunity.

11 Not that I speak from want; for I have learned to be content in whatever circumstances I am.
12 I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need.

13 I can do all things through Him who strengthens me.

14 Nevertheless, you have done well to share with me in my affliction.

15 And you yourselves also know, Philippians, that at the first preaching of the gospel, after I departed from Macedonia, no church shared with me in the matter of giving and receiving but you alone;

16 for even in Thessalonica you sent a gift more than once for my needs.

17 Not that I seek the gift itself, but I seek for the profit which increases to your account.

18 But I have received everything in full, and have an abundance; I am amply supplied, having received from Epaphroditus what you have sent, a fragrant aroma, an acceptable sacrifice, well-pleasing to God.

19 And my God shall supply all your needs according to His riches in glory in Christ Jesus.

20 Now to our God and Father be the glory forever and ever. Amen.

21 Greet every saint in Christ Jesus. The brethren who are with me greet you.

22 All the saints greet you, especially those of Caesar’s household.

23 The grace of the Lord Jesus Christ be with your spirit.